



Bhakti Yoga Shala Presents



Bali Bliss and Rejuvenation Retreat with Govind Das APRIL 1-8, 2018 | UBUD, BALI

The importance of retreat is to step outside of our daily routines and responsibilities with the intention of deep rejuvenation, spiritual reconnection and upliftment. When we add in the Bhakti practices, an organic and vegetarian diet, and the sense of community and friendship, it can be truly a life altering and vibrationally raising experience. Over an 8 day period Govind Das will take you on an uplifting and inspirational journey through the Heart-based practices of Bhakti Yoga: Kirtan, Mantra, Meditation, Bhakti Vinyasa, Yin Lunar yoga, Satsang, & Dharma. We will open and immerse ourselves in Mother Earth's deep and vast beauty for health, vibrancy and deep soulful rejuvenation.

BHAKTI YOGA SHALA
207 ARIZONA AVE., SANTA MONICA, CA 90401
www.bhaktiyogashala.com