

PRACTICE IN PARADISE

WITH PAT SPERRY

BALI, INDONESIA

MAY 27-
JUNE 3
2017

DAILY SCHEDULE INCLUDES:

- TWO HATHA YOGA SESSIONS
- GUIDED MEDITATION
- MANTRA PRACTICE
- KIRTAN AND MORE!

DOUBLE OCCUPANCY IS
USD \$1,650 PER PERSON

SINGLE OCCUPANCY IS
USD \$2,150

PRICE INCLUDES ALL MEALS
AND TWO SPA TREATMENTS.



Join Pat Sperry and Joella Enderes on a week of retreat in the paradise setting of Bali, Indonesia. Immerse yourself in yoga asana, pranayama, meditation, with ample time for rest and relaxation!

Explore the temples, markets, monkey forests, and natural beauty amidst the sacred city of Ubud. Surrender into the sanctity of your true self and take the journey of a lifetime where healing, laughter, and pure magic awaits!

Beingsattva is a luxury retreat center set against jungle forests, rice fields, and waterfalls. www.beingsattvaa.com.sg

