

Namaste Yoga

July 28 - August 1, 2017

This luxury Yoga-based Retreat at BeingSattvaa, Bali in an exclusive rainforest setting with Ira Trivedi a Writer and Yogini and Subba Vaidyanathan, a Senior Banker who trains leaders in personal resilience and self-leadership, will allow you to practice Yoga/meditation, taste amazing organic food, learn the basics of Yoga Sutras, do some journaling, while discovering your true self, away from the rigors of everyday life.

Included in the retreat

- **Transportation from/to airport/South Bali**
- **5 days/4 nights of accommodation**
- **All vegetarian meals**
- **Welcome drink, fruit basket**
- **3 morning Yoga/Meditation/Sutra sessions**
- **3 evening journaling sessions/talks**
- **1 Spa treatment**
- **Balinese Offering class and ritual**
- **Guided rice field walk/ kampung tour**
- **Free shuttle service to Ubud at designated times**

Price - US\$ 930 Single Occupancy per person

US\$ 710 Double Occupancy per person

For other details contact: reuuka@beingsattvaa.com.sg / +65 9111 5662

beingsattvaa
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